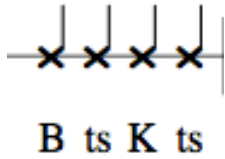


Lesson 4: Putting it all together

Boot – s – Kat - s



Variations: Twice as fast

Double B

Exhale/Inhale Ts

Add rests

Use off beats



.....The possibilities are endless!

My top tips for flutebox beginners:

- Work on the sound separately and without your flute to find how to make the strongest sound that you can
- When adding the flute, try to remember how the movement feels when you create your best flute sound
- Use your right hand on the barrel of your flute to help keep it stable
- Try to get used to taking lots of small breaths between sounds
- Build up your stamina slowly – fluteboxing is the weightlifting of the flute world!
- Have fun! Fluteboxing is not about perfection!

Other great resources:

- Tilmann Dehnhard: flutebeatboxing (Universal Edition)
- Greg Patillo: Beatbox Flute Method Book Volume 1
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